

DIVERSITY AND INCLUSION FESTIVAL 2019

MONDAY 18 - FRIDAY 22 MARCH

Programme of Events

Films Questions Seminars Lectures Conference
Tai Chi Carnival Capoeira Workshop Jiu-Jitsu
Theatre International Food Dance Music



MONDAY 18 MARCH

Tai Chi

Time: 08.00-09.00

Delivered by: Feixia Yu, Confucius Institute

Location: Oasis, Roof garden (if raining - function room)

Open to: Staff and Students

[Click here to book](#)

Tai chi, also called tai chi chuan, combines deep breathing and relaxation with flowing movements. Originally developed as a martial art in 13th-century China, tai chi is practised around the world as a health-promoting exercise.

UCLan Big Get Together Fair

Music by Jan et Al - La Musette Francaise Accordion/Guitar Duo, Henna Painting by Aminah Khan, Arabic Calligraphy by Mustafa Saleh, Sharif Mohammed and Mousab Galy

Time: Drop in at 10.00-12.00

Delivered by: CVCL, Language Academy, Worldwide, Confucius Institute, LIS, Sports, LCC/Stakeholders, HR, Staff Equality Networks, HARM/CJP, IBAR, SU Societies and Student Services.

Location: Harrington Social Space

Open to: Students, Staff, Community partners

Stalls with information about the inclusive services of the University's student societies and other

groups from across Lancashire which support and represent minority and underrepresented groups, including refugees and asylum seekers. Participants can engage and network to explore employment, volunteering, professional and career progression opportunities and find out more about Learning and information services (LIS) inclusive services which include a digitisation service for visually impaired students and ebooks, available 24/7 for students who may struggle with physical texts.

FESTIVAL HIGHLIGHT

Open Ceremony: SET Address and Performances

including Staff Choir, Chinese Folk and Lion Dance, Capoeira

Time: Drop in 12.00-13.00

Delivered by: Liz Bromley, Scott Mulholland, Linda Tompkins

Location: Harrington Social Space

Open to: Students, Staff, Community partners

Enjoy the music and dance of the opening ceremony, whilst members of the Senior Executive Team (SET) and Equality Diversity Executive Group (EDEG) representatives welcome you to the Diversity and Inclusion Festival 2019.

Find out about UCLan's corporate governance for Equality, Diversity and Inclusion and the new challenges and strategic priorities for the EDI agenda, including a pledge to reinforce UCLan's commitment in raising EDI awareness and supporting community cohesion and cultural changes.

FESTIVAL HIGHLIGHT

Women's Weights

Time: 13.30-14.30

Delivered by: STFSC Fitness Instructor

Location: Sir Tom Finney Sports Centre

Open to: STFSC Staff/Students

[Click here to book](#)

Get to grips with the free weights area at the Sir Tom Finney Sports Centre (STFSC) where you can learn technique tips while building your strength.

UCLan Seminar: Refugee Crisis Awareness

- A testimonial of resilience from a former AS/Refugee
- Resettlement Project in Lancashire
- UCLan supporting AS/Refugees
- AS/Refugees in Education HE/FE

Time: 13.00-15.30

Delivered by: Linda Tompkins - UCLan, Gulwali Passarlay – My Bright Kite, Saulo Cwerner – LCC, Magda Massey - LCC, Felicity Pryke - City of Sanctuary, Wonder Phiri -British Red Cross, Lucy Fox – UCLan, CVCL – UCLan, Marie, Clare Balaam - UCLan, Simon Weston – UCLan, Vivien Caparros - Preston's College

Location: GR170 (Greenbank)

Open to: Students, Staff, Community partners

[Click here to book](#)

This seminar includes inspirational talks and reflections about the difficult journeys faced by asylum seekers and refugees. Gulwali Passarlay, the author of *The Lightless Sky: An Afghan Refugee Boy's Journey of Escape to A New Life in Britain* and co-founder of My Bright Kite will share his life experience as an Asylum seeker and refugee.

UCLan's representatives, academics and partners will also discuss how educational opportunities from different perspectives can help asylum seekers and refugees to integrate with their local community and help rebuild their future.

The event will bring together UCLan's partners, providers and professionals from across the city to raise awareness of Refugees and Asylum Seekers in Lancashire.

Yoga

Time: 14.00-15.00

Delivered by: Davide Penazzi

Location: Oasis

Open to: Students and Staff

[Click here to book](#)

Boost your physical and mental wellbeing at this yoga session which will help you to focus on and increase your own strength, flexibility and breathing.

Diversity and Inclusion Film Festival: Pride (LGBT/Disability/Class)

Time: Drop in at 16.00-19.00

Delivered by: EDIC, CCG, SU Film Society

Location: Mitchell and Kenyon Cinema

Open to: Students, Staff, Community partners

[View Film Festival programme here](#)

A range of films are being screened throughout the week focussing on diversity and inclusion issues faced not only by the groups within the protected characteristics in the Equality act 2010 but also other disadvantaged social groups. A panel discussion with guests will follow each screening.

Interfaith Café

Time: Drop in at 15.00-17.00

Delivered by: SU Faith Societies
- Christian, Islamic, Bahá'í

Location: Oasis, Function Room

Open to: Students and Staff

Curious about other faiths, or do you have a burning question but you're not sure who to ask?

Why not come along to our interfaith café event at our very own Oasis centre. This casual drop in event is for students and staff to come and talk to representatives from different faiths over a slice of cake and a cup of tea/coffee.

Making Carnival Costumes - Workshop 1

Time: 15.00-17.00

Delivered by: Nadine Knight

Location: HR022, Art and Design Studio, Hanover Building

Open to: Students and Staff

[Click here to book](#)

If you're feeling crafty, creative or just plain curious, come along to this relaxing workshop and make your own carnival costume to wear on Wednesday.

This costume making workshop will involve sewing, cutting, beading and sticking – bring along a piece of clothing or materials you can work with. Whatever your skill level you can get involved.

The glue guns are warmed up and ready – it's time to get creative!



FESTIVAL HIGHLIGHT

Play: Woman on Fire

Time: Play 17.00, Break 18.15-18.30, Q&A 18.30-19.00

Delivered by: Certain Curtain Theatre Company, Claire Moore – Director, Actor and Producer

Location: ME002 Theatre 1 (Media Factory)

Open to: Students and Staff

[Click here to book](#)

An explosive one-woman show, celebrating the centenary of women first winning the right to vote. Told through the eyes of unsung Lancashire suffragette, Edith Rigby, a mild-mannered doctor's wife with a secret identity - arsonist, bomber and militant suffragette.

Woman on Fire sheds light on suffragette history and the mystery that is **Edith Rigby**.

Running time 75 minutes followed by an optional Q&A with writer/director John Woudberg and performer Claire Moore.



Tai Chi

Time: 08.00-09.00

Delivered by: Feixia Yu, Confucius Institute

Location: Oasis Roof garden (if raining - function room)

Open to: Students and Staff

[Click here to book](#)

Tai chi, also called tai chi chuan, combines deep breathing and relaxation with flowing movements. Originally developed as a martial art in 13th-century China, tai chi is now practised around the world as a health-promoting exercise.

Labyrinth Walk

Time: Drop in anytime between 09.00-11.00

Delivered by: Wisser team

Location: Oasis Function Room

Open to: Students and Staff.

Why not take time out of the hectic working week and join us for an indoor reflective labyrinth walk?

You'll encounter a relaxing but thoughtful experience, concentrating on what it means to be inclusive of others, as well as on how to positively promote diversity and inclusivity.

Talk: Nursing and Me – A perspective from an Educator

Time: 10.00-11.30

Delivered by: Masoom Anwari, School of Nursing

Location: Adelphi Theatre (ABTVi)

Open to: Students, Staff, Community partners

[Click here to book](#)

Masoom, a Nurse Educator, is passionate about teaching. She teaches on the BSc Nursing degree as well as the Trainee Nursing Associates Programme. She has extensive experience with nursing: from the Nurse Training course at UCLan to her job as a Staff Nurse at East Lancashire NHS Trust.

Chinese Calligraphy Workshop

Time: 11.00-12.00

Delivered by: Haiyang Wang, Confucius Institute

Location: Oasis Function room

Open to: Students and Staff

[Click here to book](#)

A session about the ancient art of Chinese calligraphy. It is world-renowned for its gestural movement and painterly touch. Not only is it a functional way of writing, but it is also considered an art form within Asian culture. Book onto this session and broaden your knowledge of Chinese culture.

Creative Prayer

Time: 11.00-12.00

Delivered by: Anna Debbage

Location: Oasis

Open to: Students and Staff

To book, email: Oasis@uclan.ac.uk

Experience the creative ways to pray and fulfil your spirit with enlightenment for your day.

Conversations around Disability - Talk 1

Time: 11.00-12.30

Delivered by: Frank Harrington, Senior Lecturer
- School of Humanities & Social Science

Location: BB033HX

Open to: Students and Staff, 40 places

[Click here to book](#)

Talk 1: 'Being Open about Disability – not a Man Thing'

Men with disabilities are less likely to speak about their situations, particularly in the workplace. This session will also explore the implications of declaring a disability for the first time and the psychological affects this can have on the individual.

Conversations around Disability - Talks 2, 3 and 4

Time: 13.00-14.30

Location: Scholars Restaurant

Open to: Students and Staff, 40 places

[Click here to book](#)

Talk 2: Disability Awareness

Delivered by: Mel Close, CEO, Disability Equality Northwest (DENW)

Talk 3: Capital Project – An overview of disability inclusion in the Masterplan

Delivered by: Robert Turner - Capital Project

Talk 4: A review of achievements and Positive actions for equality and inclusion of disabled staff and students at UCLan

Delivered by: Disability Staff Network Co-chairs
- Marie Hutson and Sarah Middleton
SU Disability Students' Society

Q&A

This disability awareness session will utilise case studies, personal reflection and peer discussion to disseminate knowledge, appreciation and awareness of disability equality issues. Participants will also have a clearer understanding of the barriers, which people with disabilities face on a day-to-day basis.

Inclusive Technology Demonstrations

Time: 13.00-15.00

Delivered by: John Hodgson and Lesley Cookson

Location: AB114, PC Lab

Open to: Staff only, 25 places

[Click here to book](#)

Discover how Inclusive Technology can be used to enhance the Learning and Teaching experience with a demonstration of two pieces of software that offer a unique visual approach to creating work and reviewing recordings of lectures: Audio Notetaker and Mindview.

Chinese Tea Tasting

Time: 14.00-15.00

Delivered by: Feixia Yu, Confucius Institute

Location: Oasis Function room

Open to: Students and Staff

[Click here to book](#)

A tasting session to appreciate Chinese teas. You'll get the chance to familiarise yourself with the different types of teas, learn how they're made and brewed. You'll get the opportunity to sample teas from varying regions, giving you the chance to explore the diverse flavours.

Capoeira Workshop

Time: 11.00-12.00

Delivered by: Anga Capoeira Preston

Location: Sir Tom Finney Sports Centre, Studio Blue

Open to: Students and Staff

[Click here to book](#)

A chance to take part in this exciting Brazilian martial art which combines music, acrobatics and dance. Learn how to do a 'ginga' and listen to the exquisite 'berimbau' sound with experienced Capoeira teacher Tali Griner and international capoeira master Mestre Maxuel. Suitable for absolute beginners or as a catch-up for those who are already Capoeira fans.

Equality, Diversity and Inclusion in Sport

Time: 15.00-18.00

Delivered by: Stephen Daley, Deputy Head of Parks & Street Scene, Preston City Council; Sir Tom Finney Preston Soccer Centre and Football Club – Zuleika Chikh; Peter Mason, Rugby League World Cup 2021 ambassadors Jodie Cunningham (England Women's RL) and James Simpson (England wheelchair RL), Principal Lecturer Leona Trimble (School of Sport and Wellbeing) and Nathan Moulds, UCLan students and alumni from Thyphoons RUFC (Gay and inclusive Rugby Team).

Location: HA Lecture Theatre, Harrington

Open to: Students, Staff, Community partners

A series of guest speakers will share their experiences of past challenges, successes, current projects and plans in various sporting contexts in relation to equality, diversity and inclusion in sport. Speakers range from Stephen Daley, England Captain, to representatives from State of Mind Sport, a charity who raise awareness of the issues surrounding mental health and wellbeing and Rugby League World Cup 2021.

[Click here to book](#)

Healthy Ageing with Qigong Practice

Time: 15.00-16.00

Delivered by: Feixia Yu, Confucius Institute

Location: Oasis

Open to: Students, Staff and Community

[Click here to book](#)

A session about mind-body-spirit practice that improves one's mental and physical health by integrating posture, movement, breathing technique, self-massage, sound and focused intent.

Diversity and Inclusion Film Festival: A United Kingdom (Ethnicity)

Time: Drop in at 15.00-18.00

Delivered by: EDIC, CCG, SU Film Society

Location: Mitchell & Kenyon Cinema

Open to: Students, Staff, Community partners

[View Film Festival programme here](#)

A range of films are being screened throughout the week, focussing on diversity and inclusion issues faced not only by the groups within the protected characteristics in the Equality act 2010 but also by other disadvantaged social groups. A panel discussion with guests will follow each screening.

Women's Futsal

Time: Drop in 17.00-18.00

Delivered by: Zuleika Chikh

Location: Sir Tom Finney Sports Centre

Open to: Students, Staff, Community partners

This is your chance to have an opportunity to play Futsal – a modified form of five-a-side football on a smaller, indoor pitch.

Aerobathon 18

Time: Drop in 17.00-19.00

Delivered by: STFSC Instructor

Location: Sir Tom Finney Sports Centre

Open to: Students and Staff

It's time to move your feet as Sir Tom Finney Centre's Aerobathon is back! It's two hours of getting your groove on – it's all about having fun, regardless of whether you're dancing, or doing Zumba.

Gong Bath Meditation

Time: 19.00-21.00

Delivered by: Paul Dilworth

Location: Oasis, Function Room

Open to: Students and Staff

Email Oasis@uclan.ac.uk to book a place

Experience the sacred sounds of the gong and other complementary instruments within the setting of a gong bath/sound meditation. During the session you are bathed in the powerful sound waves created by the gongs, enabling the body and mind to relax and release any stress and tension. All you have to do is lie down and relax.

WEDNESDAY 20 MARCH

Tai Chi

Time: 08.00-09.00

Delivered by: Feixia Yu, Confucius Institute

Location: Oasis Roof garden (if raining - function room)

Open to: Students and Staff

[Click here to book](#)

Tai chi, also called tai chi chuan, combines deep breathing and relaxation with flowing movements. Originally developed as a martial art in 13th-century China, tai chi is practiced around the world as a health-promoting exercise.

Making Carnival Costumes Workshop 2

Time: 09.30-12.30

Delivered by: Nadine Knight

Location: HR022, Art & Design Studio, Hanover Building

Open to: Students and Staff

[Click here to book](#)

If you're feeling crafty, creative or just plain curious, come along to this relaxing workshop and make your own carnival costume to wear later today. Open to staff and students, this costume making workshop will involve sewing, cutting, beading and sticking – bring along a piece of clothing or materials you can work with. Whatever your skill level you can get involved.

Capoeira Workshop

Time: 11.00-12.00

Delivered by: Anga Capoeira Preston

Location: Sir Tom Finney Sports Centre, Studio Blue

Open to: Students and Staff

[Click here to book](#)

A chance to take part in this exciting Brazilian martial art which combines music, acrobatics and dance. Learn how to do a 'ginga' and listen to the exquisite 'berimbau' sound with experienced Capoeira teacher Tali Griner. Suitable for absolute beginners or as a catch-up for those who are already Capoeira fans.

Chinese Calligraphy Workshop

Time: 11.00-12.00

Delivered by: Haiyang Wang, Confucius Institute

Location: Oasis Function room

Open to: Students and Staff

[Click here to book](#)

A session about the ancient art of Chinese calligraphy. It is world-renowned for its gestural movement and painterly touch. Not only is it a functional way of writing, but it is also considered an art form within Asian culture. Book onto this session and broaden your knowledge of Chinese culture.

Making my business LGBT inclusive

Time: 09.00-10.00

Delivered by: Michael Perch,
Training Co-ordinator LGBT Foundation

Location: VB 120

Open to: Staff

[Click here to book](#)

LGBT people often do not feel included in the workplace, and this can lead to them not being out and authentically who they are. By making your business LGBT inclusive, your staff will be happy and more engaged at work. This is a great training session for those who line-manage other staff!

FESTIVAL HIGHLIGHT

Trans Awareness and Inclusion

Time: 10.00-11.00

Delivered by: Michael Perch,
Training Co-ordinator LGBT Foundation

Location: VB 120

Open to: Students and Staff

[Click here to book](#)

In this session we will explore what it means to be trans and how trans people can be made to feel welcome and included. We will look at workplace dresscodes, pronouns and how and when to ask questions.

FESTIVAL HIGHLIGHT

Being an ally in the workplace

Time: 11.15-12.15

Delivered by: Michael Perch,
Training Co-ordinator LGBT Foundation

Location: VB 120

Open to: Students and Staff

[Click here to book](#)

Being an ally means that you support LGBT people and help stick up for them. In this session we will talk about what it means to be an ally, and also how to make yourself visible so that LGBT people know you are someone to talk to.

FESTIVAL HIGHLIGHT

1st UCLan Diversity Carnival

Time: Drop in between 12.00-15.00

Delivered by: WorldWide Samba Drummers,
Mela Preston, Preston Caribbean Carnival

Location: St Peter Square

Open to: Students, Staff and Community partners

[View Carnival programme here](#)

The purpose of the event is to raise awareness of multiculturalism and celebrate the diversity of carnivals and festivals with our students and staff with the vibrant and diverse migrant communities in Preston. A variety of workshops, dance and music performances and stalls with international food will be available during this time. This event will end with participants taking a short carnival procession from St Peter Square to the facade of Victoria building.

FESTIVAL HIGHLIGHT

Diversity and Inclusion Film Festival: Suffragette (Women's rights)

Time: Drop in 12.00-14.30

Delivered by: Burnley Campus Staff

Location: VM004, Victoria Mill, Burnley

Open to: Students, Staff and Community partners

[View Film Festival programme here](#)

A range of films are being screened throughout the week, focussing on diversity and inclusion issues faced not only by the groups within the protected characteristics in the Equality act 2010 but also by other disadvantaged social groups. A panel discussion with guests will follow each screening. For more information contact Burnley Campus staff via email theburnley@uclan.ac.uk or call 01772 89 6080

Women's Weights

Time: 13.30-14.30

Delivered by: STFSC Staff/Students

Location: Sir Tom Finney Sports Centre

Open to: Students and Staff

[Click here to book](#)

Get to grips with the free weights area at the Sir Tom Finney Sports Centre (STFSC) where you can learn technique tips while building your strength.

Christian Union

Time: 14.00-15.00

Delivered by: Amelia Sharp

Location: SU/Oasis

Open to: Students

Email Oasis@uclan.ac.uk to book a place

The Christian Union society is group of students working together to give every student at UCLan an opportunity to hear and respond to the message about Jesus. Everyone is welcome to join us whether you are a Christian or just want to find out more about what it means to follow the Christian faith.

Diversity and Inclusion Film Festival: Jane Wants a Boyfriend (Disability)

Time: Drop in at 15.00-18.00

Delivered by: EDIC, CCG, SU Film Society

Location: Mitchell & Kenyon Cinema

Open to: Students, Staff and Community partners

[View Film Festival programme here](#)

A range of films are being screened throughout the week, focussing on diversity and inclusion issues faced not only by the groups within the protected characteristics in the Equality act 2010 but also by other disadvantaged social groups. A panel discussion with guests will follow each screening.

FESTIVAL HIGHLIGHT

Question Time

Time: Drop in 15.30-17:00

Delivered by: Panellists: David Knight – Chair, Scott Mulholland, Linda Tompkins, Gill Bruce, Nicola Duncan, Caitlin McLaren - SU President

Location: FBLT3

Open to: Students and Staff.

What is EDI? What is the university's position? How does this affect my job? What are my legal obligations? Where equality, diversity and inclusion are concerned we all have questions and opinions, but we don't always have a chance to voice them or get answers. As part of the UCLan Inclusivity Festival, we will be holding a Question Time event. This will be a safe space for staff and students to ask questions about equality, diversity and inclusion to the expert panellists.

Yoga

Time: 17.00-18.00

Delivered by: Jess Mordain

Location: Oasis

Open to: Students, Staff and Community

[Click here to book](#)

uclan.ac.uk/diversityfestival

Tai Chi

Time: 08.00-09.00

Delivered by: Feixia Yu, Confucius Institute

Location: Oasis Roof garden (if raining - function room)

Open to: Students and Staff

[Click here to book](#)

Tai chi, also called tai chi chuan, combines deep breathing and relaxation with flowing movements. Originally developed as a martial art in 13th-century China, tai chi is practised around the world as a health-promoting exercise.

Mindfulness Workshop

Time: 09.00-12.00

Delivered by: Stuart Lambley

Location: Oasis

Open to: Students and Staff

[Click here to book](#)

Paying more attention to the present moment – to your own thoughts and feelings, and to the world around you – can improve your mental wellbeing. Mindfulness can help us enjoy life more and understand ourselves better.

Special Collections open house

Time: Drop in 10.00-12.00

Delivered by: LIS Team

Location: Askew House, Corporation Street (look out for the black, red & white balloons)

Open to: Students and Staff

Drop-in on the day or contact the facultylibrarians@uclan.ac.uk for more information or viewing at other times.

Staff and students can take the opportunity to visit the Special Collections room. These collections are of both national and international importance with many resources available for teaching and learning. Take this opportunity to go back in time to view historical books and artefacts relating to the temperance movement and other interesting collections.

Project DeShame

Time: 10.00-11.00

Delivered by: Joanne Brice, Senior Lecture, School of Psychology

Location: Scholars Restaurant

Open to: Students and Staff

[Click here to book](#)

Project deSHAME is a collaboration between Childnet, Save the Children (Denmark), Kek Vonal (Hungary) and UCLan (UK), co-financed by the EU. UCLan is the only UK University taking part in the project which aims to increase reporting of online sexual harassment among minors and improve multi-sector cooperation in preventing and responding to this behaviour.

Dr Jo Bryce will present a critical overview of the outcomes and impact of this project and how UCLan has contributed.

Tackling Violence, Harassment and Hate Crime Conference

Location: Mitchell & Kenyon Cinema, Foster Building

Open to: Students, Staff and Specific Community partners

Time/Delivered by:

12.45-13.15

Registration, refreshments and networking

13.15 -13.25

Opening and Welcome

Liz Bromley/Linda Tompkins (Chair)

13.25-14.05

UCLan Research on ByStander Intervention

Khatidja Chantler and Kelly Bracewell,
School of Social Work, Care & Community

14.05-14.45

**The victims and survivors voice:
Victims' testimonials**

Winnie M Li (Clear Lines), Fiona Drouet (Emily Test)

14.45-15.00

Q&A - Break

15.00 -15.15

Hate Crime Project at UCLan

Sarah Thompson - SU UCLan

15.15-15.30

Report and Support at UCLan

Nicola Duncan/Emily Billouin
- Student Services and Wellbeing

15.30-16.00

Q&A and closing remarks

A participatory conference for staff and students that builds on the work of Universities UK's 2016 'Changing the Culture' report and taskforce to address sexual misconduct, violence, harassment and hate crime against students. This programme will include an overview and reflection on UCLan's contributions to research and service initiatives to address these issues.



[Click here to book](#)

Buddhist Meditation

Time: 12.00-12.45

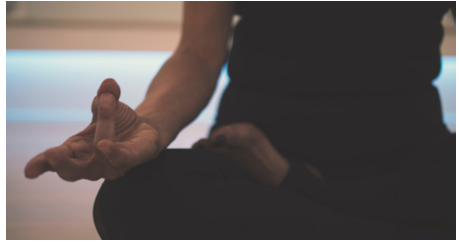
Delivered by: Anne Walmsley

Location: Oasis Prayer room

Open to: Students and Staff

Email Oasis@uclan.ac.uk to book a place

A casual and gentle meditation session.



Chinese Calligraphy Workshop

Time: 14.00-15.00

Delivered by: Haiyang Wang, Confucius Institute

Location: Oasis Function room

Open to: Students and Staff

[Click here to book](#)

A session about the ancient art of Chinese calligraphy. It is world-renowned for its gestural movement and painterly touch. Not only is it a functional way of writing, but it is also considered an art form within Asian culture. Book onto this session and broaden your knowledge of Chinese culture.

Diversity and Inclusion Film Festival: Lancaster International (Ethnicity/Brexit/Hate crime)

Time: 16.00-18.00

Delivered by: EDIC, CCG, SU Film Society, Photographeria

Location: Mitchell & Kenyon Cinema

Open to: Students, Staff and Community partners

[View Film Festival programme here](#)

[Click here to book](#)

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Women's Futsal

Time: Drop in 16.00-17.00

Delivered by: Zuleika Chikh

Location: Sir Tom Finney Sports Centre

Open to: Students, Staff, Community partners

Your chance to have an opportunity to play this modified form of football played with five players per side on a smaller, indoor pitch.

Alpha Course: Introducing Christian Lifestyle

Time: 19.00-21.00

Delivered by: Alpha

Location: Oasis

Open to: Students and Staff

Email Oasis@uclan.ac.uk to book a place

The Alpha course is an evangelistic course which seeks to introduce the basics of the Christian faith through a series of talks and discussions. It is described by its organisers as "an opportunity to explore the meaning of life".

FRIDAY 22 MARCH

Tai Chi

Time: 08.00-09.00

Delivered by: Feixia Yu, Confucius Institute

Location: Oasis Roof garden (if raining - function room)

Open to: Students and Staff

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Brazilian Jiu-Jitsu Workshop

Time: 11.00-12.00

Delivered by: Paul 'Leao Marinho' Hartley, BJJ Gracie Barra Preston

Location: Sir Tom Finney Sports Centre

Open to: Students and Staff

[Click here to book](#)

Join in for a session of Brazilian Jiu-Jitsu! Learn the history behind the sport, as well as the legacy of Gracie Barra and Gracie Barra Preston. Round the workshop off with a practical lesson in Brazilian Jiu-Jitsu!

Lecture: Equality and Diversity in HE - Positive action for inclusion and representation

Location: Creative Innovation Zone, ME414

Open to: Students and Staff

Time/Delivered by:

12.00-12.40: Lunch/ Welcome Scott Mulholland

12.40-13.10: Lecture - Prof. Uduak Archibong MBE, Professor of Diversity at the University of Bradford, UK

13.15-14.30: The Fairness Project Workshop
- BME inclusion in the Legal Profession

Rachel Nir and Tina McKee, UCLan Law School

14.30-14.40: Break

14.40-15.00: Panel Discussion

Speakers, Linda Tompkins and BAME Staff Network

[Click here to book](#)

Dr Uduak will talk about her research on equality, inclusion and application for representational and participative diversity.

The Fairness Project will discuss its aims and objectives of educating others on structural inequalities; in particular, how those at a social advantage have a moral imperative to do what they can to assist others.

Yoga

Time: 10.00-11.00

Delivered by: Jess Mordain

Location: Oasis

Open to: Student, Staff and Community

[Click here to book](#)

Inclusive Technology Demonstrations

Time: 13.00-15.00

Delivered by: John Hodgson and Lesley Cookson

Location: CM019, PC Lab

Open to: Students and Staff, 25 places

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Diversity and Inclusion Film Festival: Disobedience (LGBT/Religion)

Time: Drop in 16.00-19.00

Delivered by: EDIC, CCG, SU Film Society

Location: Mitchell & Kenyon Cinema

Open to: Students, Staff and Community partners

[View Film Festival programme here](#)

A range of films are being screened throughout the week, focussing on diversity and inclusion issues faced not only by the groups within the protected characteristics in the Equality act 2010 but also by other disadvantaged social groups. A panel discussion with guests will follow each screening.

PoundFit Class

Time: Drop in 16.00-17.00

Delivered by: This Girl Can

Location: Sir Tom Finney Sports Centre

Open to: Students and Staff

Welcome to 'Rockout Workout!' This is the world's first cardio jam session, inspired by the infectious and energising fun of playing the drums!

Zumba Class

Time: Drop in 17.00-18.00

Delivered by: This Girl Can

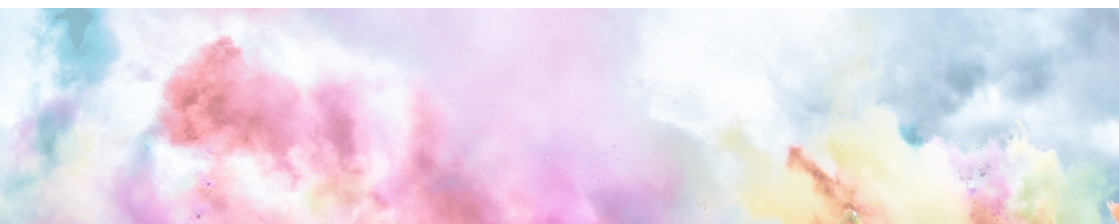
Location: Sir Tom Finney Sports Centre

Open to: Students and Staff

It's time to party with a session of Zumba! With Latin and International music, this is a total workout, which combines all elements of fitness!



#InclusiveUCLan @UCLanEandD



For further information

Call: 01772 894967 / 894123 Email: equalityanddiversity@uclan.ac.uk Visit: uclan.ac.uk/equality_diversity

EDIC SharePoint Page for staff: intranet.uclan.ac.uk/process/equality-diversity